

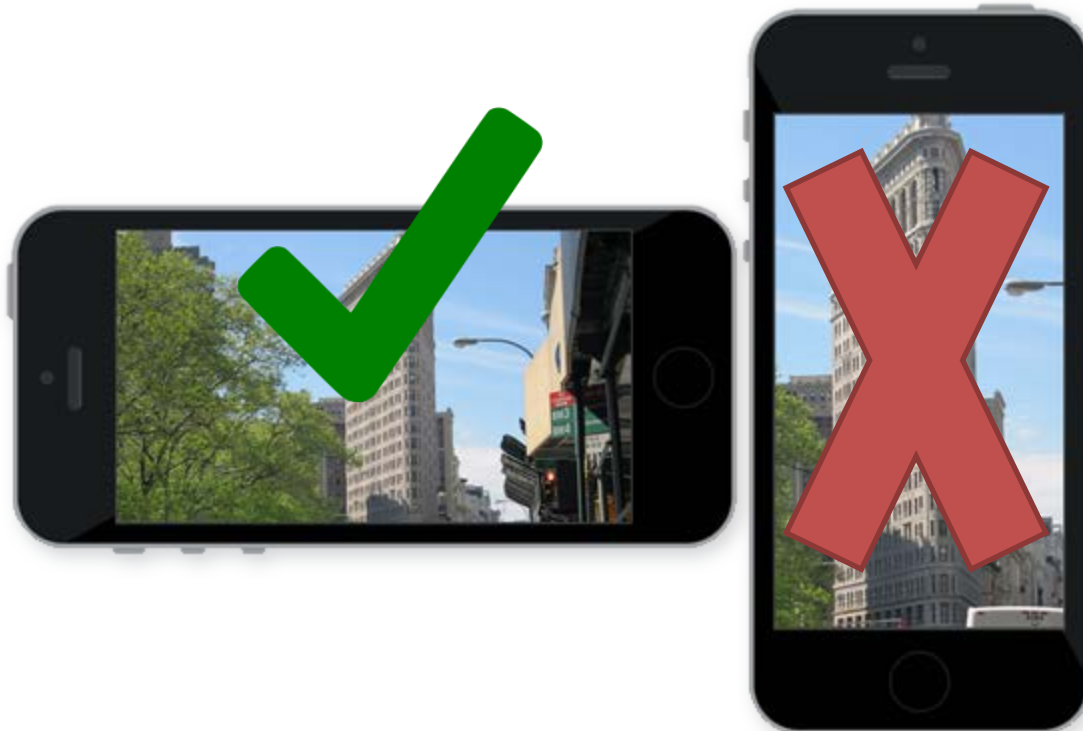
Runner Video Tip Sheet

Congratulations! You are one of the first 50 runners to be completing a marathon inside Truist Park! We are so appreciative of your support in fundraising for Children's and are so excited to hear your story on **why you run!** Below are some helpful tips and information when creating your runner video. Once your video has been completed, please send back to me by **September 17th via email, google drive, or dropbox.**

Filming tips:

When filming your runner video, please follow these tips to ensure your video is of highest quality on the BravesVision Board:

- If filming on an iPhone (or smartphone) please be sure that your phone is horizontally filming, not vertical!



- **Make sure to have a simple background** – Walls with few decorations are a great place to film
- **Make sure to have ample lighting** – if the shot is too dark, we won't be able to see you. Another great place is to film outside!
- **Length of video:** the best length for your runner video is about 30-60 seconds! Have fun with it, express why fundraising for Children's is so important

For any questions regarding marathon runner videos, please reach out to Chelsea Ott (chelsea.ott@choa.org). Thank you!